HR COMMUNICATIONS, SIMPLIFIED,

NY

COMMUNICATE YOUR BENEFITS YEAR-ROUND

Remind employees of their benefits — how to take advantage of the full value, and how to save on care.

Use multiple channels to reach different employee groups (don't forget non-desk workers).

Try to include real stories of how benefits have helped fellow employees.

Always include who-to-contact information or a call to action.

Be nimble and flexible — HR will need to communicate about unplanned issues that affect your employee population. Keep your crisis communications plan handy!

Use your data — if ER use is too high, communicate alternatives and costs; if credit scores are low, promote financial counseling, etc.

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Mental health in general

- The EAP is available to all employees and family members.
- · Find resources for every phase of life (more than emotional support).
- Diverse counselors talk to someone like you.

Virtual counseling

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- It's convenient, safe, and confidential.
- There are several free visits via EAP, then a referral for more virtual visits (covered by medical plan).

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Mail home a fridge magnet with EAP contact info and a list of services.

Financial Literacy Month

- Start saving early to reap the
- financial wellness program.

. **Smart prescription**

shopping

- Reminder: Use generics and mail order,
- Mention apps like GoodRx, WellRx, Blink

Host lunch 'n learns on financial wellness, and bring in financial counselors for 1:1 advice. These can be virtual, too.

Ways to save on health care

- Online tools can help find innetwork providers and compare quality and costs.
- The nurse line and advocacy service can offer advice.

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Preventive care is covered 100%

- Get your check-ups they save lives and avoid future serious conditions.
- List the care that's considered preventive; encourage use of in-network providers.

Run a "Know Before You Go" campaign, encouraging employees to research their health care options.

Mental Health Month

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Peace-of-mind benefits

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Pledge to be a "StigmaFree" company at <u>nami.org</u>,

Get the right care, at the best value

- High cost doesn't always equal high quality and better outcomes.
- An MRI at one facility can be \$2,500, but only \$550 down the street.

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Help finding care

Spotlight resources that help people understand benefits and find care (nurse line, advocacy service, etc.).

TIP!

Include a chart for when to use the ER, urgent care, telehealth, or convenience store clinic, and show levels of cost.

HSA and FSA dollars

- Make the most of your tax-free
- Re-educate on HSAs, and encourage use as a retirement account.
- List some eligible FSA expenses, and remind that it's "use or lose."

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Virtual benefits fair: Part 1

- Host an online benefits fair to promote some of your benefits (promote others in August).
- Have vendors online and ready to take questions.

🐼 ΤΙΡΙ Host Part 2 of the benefits fair later in the summer.







Back-to-school season is around the corner

- Remind of necessary school vaccinations.
- Focus on childcare resources (backup care, help finding providers, etc.).

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Diversity and inclusion

- Highlight any related benefits (adoption and infertility support, ABA therapy, transgender benefits, domestic partner coverage).
- Promote how to find diverse providers (health plan doctor finder, EAP's diverse counselors with specializations, etc.).

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Host a webinar with a guest speaker who can talk about DEI culture in the workplace.

Retirement planning

- It's never too late to start saving.
- Promote the 401(k) and any company match.
- Highlight online tools from your vendor (webinars, financial counseling, calculators, etc.).

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Virtual benefits fair: Part 2

- Host an online benefits fair to promote more of your benefits (different from June).
- Have vendors online and ready to take questions.

𝗭 TIP!

If the timing is right, use the virtual fair to tee up Open Enrollment. See September for things employees could start thinking about. Or, simply do a "Save the Date."

Open Enrollment

It's coming, be ready!

- Highlight what's new and what's changing.
- Reminder: It's your one chance each year to make changes.

It's here — enroll now!

- Tell them how to enroll.
- Point them to all the resources needed.

Last chance to enroll!

Emphasize deadlines and must-do's.

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Communicate often, and use many channels to reach all employees. Don't forget to educate your line managers.



Financial wellness

- Promote any benefits that help with setting budgets, financial planning, raising credit scores, et
- Remember...many EAPs offer financial counseling.

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Save on holiday shopping and entertainment

Promote the employee discount program.

Be specific. "Save 50% on movie tickets, up to 60% on travel, and get big savings on the name brands you love."



Flu season is coming

- Run a Fight the Flu campaign.
- Include statistics that show why it's important. Mention vaccine safety.
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Start thinking about your benefits

- Will you be ready to choose your benefits next month?
- Tell people where to see their current-year health care expenses.
- Remind them where to review the medical plans (unless they're changing).

🗭 TIP!

By now you're feeling the squeeze of Open Enrollment. Take time to give employees a heads up and encourage them to start planning.

Happy, healthy holidays!

- Nobody should be sick (or sad) right now.
- Promote telehealth and virtual counseling.

🗭 TIP!

Don't forget to send a note of gratitude and cheer to employees!

P.S. You won't have their attention this month, so be brief.

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HR Communications It's all we do.

And we've been doing it passionately for over 25 years.

Our communications speak to everyone

Full-Service. Creative. Impactful.

We bring the best of both worlds. Technical understanding of your HR programs with award-winning marketing skills. Our creative approaches break through the noise to communicate messages quickly and effectively.

We uncomplicate the complicated

Clear. Concise. Simplified.

We specialize in:

- Benefits Enrollment
- Change Management
- Compensation & Total Rewards
- Retirement Programs

- Year-Round Engagement
- Health & Wellness Programs
- New Hire Onboarding
- Compliance (Handbooks, SPDs, etc.)

Start building communications strategies that impact and engage your employees.



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